

LAURIE NADEL, PH.D.
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Curriculum Vitae

Laurie Nadel is a psychologist, journalist, and best-selling author who specializes in helping people recover from trauma. In Long Beach, NY, she runs a support group at City Hall for people who are traumatized by losing their homes to Hurricane Sandy. At Metropolitan Communication Associates in Manhattan, she works with patients who have traumatic brain injuries due to assault/rape, M.S. and stroke. During 2003-2005, she directed a program for teenagers whose fathers were killed on 9/11/01.

Education and PTSD Specialty Certifications

Neurolinguistic Programming (NLP) Post Master Track/Level 3: NLP Center of New York, NY. (2013.)

Emotional Freedom Technique (E.F.T.) Level One ; Holbrook Wellness Center, Holbrook, NY (2011.)

International Critical Incident Stress Foundation certifications:

Domestic Terrorism and Weapons of Mass Destruction: a CISM Perspective (2002);

Suicide Prevention and Postvention (2003);

Basic Critical Incident Stress Management (2002);

Individual Critical Incident Stress Management (2003):

Group Bereavement Following Traumatic Events: NY Mental Health Association. (2003).

Eye-Movement Integration™ for P.T.S.D: American Hypnosis Training Academy (1999).

Caring for Seriously Ill and Dying Persons: American Bereavement Academy. (1998).

Addictions Hypnotherapy: American Board of Hypnotherapy (1993).

Master Coach/Master Practitioner; Coach/Practitioner, Neurolinguistic Programming;

Ericksonian Hypnosis: Advanced Communication Training. (1989-91):

Professional Experience:

Psychotherapist/Coach: *Practice limited to PTSD, trauma & stress issues.* NY, NY. (1991-Present.)

Long Beach, NY (1995-present.)

Psychotherapist: Metropolitan Communication Associates, NY, NY (2010 – 2012.)

(Practice limited to patients with traumatic brain injury and aphasia.)

PTSD counselor for veterans (volunteer): www.stressproject.com (2009-Present.)

Editorial Board Member, *Journal of Psychology & Clinical Psychiatry,* Medcrave Publishing

Consultant to Corporations and Not-for-Profit Organizations: Various, USA. (1995 – Present.)

Coauthor: *Happiness Genes: Unlock the Positive Potential within Your DNA:* Career Press/New Page Books: Franklin Lakes, NJ. (2010). **Winner USA Best Book award/Spirituality/2011.**

Columnist/Reporter: *New York Times Long Island* section. (2001-2008.)

PTSD Counselor (Pro Bono): Committee to Protect Journalists. New York, NY (2007-2008.)

Author: *Sixth Sense: Unlocking Your Ultimate Mind Power:* ASJA Press: New York, NY.(2007; 1990.)

Director, Adolescent Bereavement Program: South Nassau Communities' Hospital's WTC Family Center. Rockville Centre, NY. (2003-2005.)

Expert Witness, P.T.S.D.: U.S. District Court, Southern District. Appeared before Honorable Judge Theodore Fox. White Plains, NY. (May 2003.)

Expert Guest: *Oprah*. Chicago, IL. (February 1993.)

Writer/National Desk Producer: CBS Newspath. New York, NY. (1978-1987.)

Founder/Co-Director: Committee to Protect Journalists. New York, NY. (1981-1983).

Reporter: United Press International. *Newsweek*. Santiago, Chile; Lima, Peru. (1973-1974.).

Professional Organizations

International Coach Federation

New York State Psychological Association

Green Cross/Traumatology Institute

Academic Education:

Post-Doctoral Clinical Training in Mind-Body Medicine:

Harvard Medical School/Institute of Mind-Body Medicine, Boston, MA: (2000).

Doctor of Clinical Hypnotherapy: American Institute of Hypnotherapy, Irvine, CA: (2004).

Ph.D., Psychology: Greenwich University, Hilo, Hawaii: (1991).

M.A., Psychology: International Institute of Advanced Studies, St. Louis, MO: (1989).

B.A., Sarah Lawrence College, Bronxville, NY: (1969).